

Integrated Youth Services Partial Hospitalization Program Service Description

Program Description

PHP is an intensive acute clinical treatment service designed to stabilize severe mental health problems in youth ages 6 to 18 years. PHP is a daily program, running from 8:00am to 2:00pm that operates year-round with an average-length-of-stay of 8-12 weeks. PHP aims to create a safe and supportive milieu in which the children can learn effective and efficient strategies for regulating their emotions, senses, thoughts and behaviors. Through improved self-awareness and self-regulation, children may begin to experience successes in their social, academic and family worlds. The ultimate aim of PHP is to improve the quality of life and sense of well-being for the youth and their families served.



Clinical Services

Diagnostic assessments are provided by independently licensed therapists and a psychiatrist at intake. An individualized service plan is developed from the assessments and with client's and parent's or guardian's participation. Licensed social workers and counselors provide group, individual and family therapies. A psychiatric nurse and a psychiatrist are available daily.

Educational Services

Two hours of a child's PHP day is devoted to maintaining academic performance through an individualized curriculum provided by the child's home school district. The curriculum is implemented by Greene County Educational Service Center's (ESC) certified teachers and teacher assistants. Teachers and mental health staff work closely together to ensure the best collaborative care. PHP will assist in helping parents effectively interact with their school district regarding their child's needs. Most school districts in Greene County will bus to PHP.

**Call (937) 427-3837, ext. 230
for additional information.**



Access to Services

Generally a youth who is likely to benefit from the program has many of the following characteristics:

- Ages 6 to 18 years
- Has a DSM-IV diagnosis
- Presenting problem not able to be stabilized in less restrictive settings
- Recent discharge from inpatient setting and/or several past inpatient stays
- Has sufficient cognitive and language skills to benefit from therapies
- Medically stable or is safely managed in an outpatient setting.
- Significant difficulty regulating mood, thoughts and behaviors
- Severe mood disorders
- Depression with or without self harm history
- Psychotic disorders
- Significant difficulties in social and interpersonal functioning
- Are not at risk of harming others
- Are not a runaway risk
- Are not primarily diagnosed Conduct Disorder or are behaviorally disruptive
- Family or guardian very involved

Referrals

Referrals to PHP typically come from inpatient hospitals, outpatient mental health providers, schools, children's services boards, and juvenile courts. Immediate attention is given to emergency referrals.



Discharge and Transition

When service plan goals are met and stabilization is achieved, attention is given to ensuring a successful transition to a less intensive level of care, such as outpatient therapy and/or school-based mental health services. Prior to discharge, a meeting will be held with all involved parties, including client, parent or guardian, school and any other relevant agencies to plan for how the youth's stability and growth can be maintained after release from PHP. Consultation with the youth's teachers regarding how to best work with him or her has been shown to significantly improve chances of maintaining stability after discharge.



Fees

IYS accepts Medicaid, eligible insurances, private pay and sliding fee scale based on family income. Greene County residents are never denied service based on ability to pay. Please contact our billing manager at (937) 427-3837, ext. 218 for assistance.

Staff

IYS PHP maintains a ratio of 1 staff to 4 children: one psychiatrist, one psychiatric nurse, three master-level therapists, and three bachelors-level social workers.

Integrated Youth Services



Partial Hospitalization Program

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